## A STREAM OF SELECTIVE SPIRITUAL CONTEMPLATIVE HISTORY By Gerald G. May (with later additions by Tilden Edwards) HINDUISM **BUDDHISM GOSPELS** Clement of Alexandria CHRISTIAN DESERT MOTHERS **Evagrius Ponticus** 2000 BCE AND FATHERS **JESUS Hebrew Roots MONASTICISM** Cassian Abraham, Isaac, Jacob 100 Bodhidharma Introduces 200 Gregory the Great The Prophets Chan Buddhism to China 2500 BCE 300 **Egyptian Roots** John Climacus **CELTIC CHRISTIANITY** 400 **ICONS** Ammonius 500 Saccas 600 Isaac of Ninevah Origen Philo of CAPPADOCIANS Alexandria Benedict (EARLY CHURCH) Pseudo-Dionysius? 700 **FATHERS** Maximus the Confessor Patanjali HESYCHASM Zen Buddhism Comes to Japan SUFISM Padmasambhava Brings Buddhism to Tibet JESUS PRAYER Simeon the New Theologian 800 Hugh and Richard of St. Victor Aelred of Rievaulx 900 Theologica 1000 The Cloud of Unknowing Germanica Mechthild of Magdeburg **Gregory Palamus** 1100 1200 Julian of Norwich 1300 William of St. Thierry Hafiz Bernard of Clairvaux Nicholas of and Clare 1400 Rumi Jan Van Cusa Meister Eckhart Hildegard of Bingen Ruysbroeck KABBALAH Catherine of Siena Catherine of Genoa Teresa of Avila Martin Luther Jean-Pierre 1500 De Caussade John of the Cross Theophan the Recluse **HASIDISM** Brother Baal-Shem-Tov Ignatius Lawrence Loyola Francis Therese of Lisieux 1600 de Sales Elizabeth of the Trinity 1700 1800 Simone Weil 1900 Jacob Boehme Thomas Traherne Gerhard Tersteegen Mohandas Gandhi Friedrich George Fox Von Hugel John Woolman John Wesley **Howard Thurman** Evelyn Underhill Thomas Kelly SHALEM INSTITUTE **Douglas Steere** Shunryu Suzuki Thomas Merton Abraham Heschel Martin Luther King, Jr. Bede Griffiths The Dalai Lama, Tarthang Tulku and Many Thich Nhat Other Contemporary Tibetan Buddhists Hanh Western Jesuit Missionaries Anthony de Mello **WORLD CHRISTIAN** Thomas Keating. MEDITATION COMMUNITY 2000 Seung Sahn Soen-sa Nim Laurence Freeman CONTEMPLATIVE OUTREACH Richard Rohr Raimon Panikkar Cynthia Bourgeault John Philip Newell Rowan Williams 2013

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## Century Some Selective Historical Influences on Contemplative Tradition and Shalem Beyond Hebrew & Greek Scriptures

- bce Egyptian Roots: First recorded sense of personal relationship with God
- bce Patanjali: Yoga Sutras, knowing/acting/feeling, Raja Yoga, forms of Yoga and meditation practices
- bce Buddhism: Gautama Buddha: The Role of the Eight-Fold Path
- 1 Philo of Alexandria: God's Spirit is manifest in human spirit as nous
- Ammonius Saccas: Teacher of Plotinus and Origen. Possible Buddhist influence; may have been 2nd Century...Ammonius?
- 2 Clement of Alexandria: Gnosis is a gift from God
- 3 Origen: Asceticism, self-knowledge, psychological approach to prayer
- 3 Plotinus: Purgation-illumination-union, creation from & return to the One
- 3 Christian Desert Mothers and Fathers: Prayer and manual labor in solitude
- 4 Cappadocians: Apatheia, longing for God, darkness, eros/agape, hesychia, human freedom, relation to Trinity
- 4 Evagrius Ponticus: Prayer of speech, mind, and heart, "Unknowing," apatheia, accidia
- 4 Augustine: God within and beyond, longing for God, personal God, community, charity, Trinity
- 4 Cassian: Introduced Eastern monasticism to West, "Discretion," fire of love
- 6 Benedict: Community, Rule, Offices, Stability, Hospitality
- 6 Pseudo-Dionysius: Apophatic, mystery as a way of knowing, cloud, ray of darkness, unknowing. Might have been earlier
- 6 Gregory the Great: Contemplation as way of seeing, support of spiritual direction, service
- 7 John Climacus: Meditation on death, dying to self
- 7 Maximus the Confessor: Faith as goal of the spiritual journey, God as infinite abyss, God works in us through energia
- 7 Isaac of Ninevah: Gift of tears, strong influence on Sufism
- 10 Simeon the New Theologian: Vision of light and tears, mystical life normal for Christians, manifesting in love
- 12 Kabbalah: Historic emergence of long, varied Judaic mystical tradition
- 12 William of St. Thierry: Trinity in faith through love (strong influence on Iulian)
- 12 Bernard of Clairvaux: Freedom and grace, divine marriage, stages of love of God
- 12 Hugh and Richard of St. Victor: Psychology and philosophy of contemplation, soul is God's dwelling place
- 12 Hildegard of Bingen: Chant, poetry, art, creation spirituality
- 12 Aelred of Rievaulx: "Spiritual journey," spiritual friendship with Christ and persons
- 12 Francis and Clare: Creation, nature, male/female spirituality, Jesus' passion and compassion
- Rumi: Poetry, song and dance, founded "whirling dervishes;" one of many Sufi Moslem mystics
- 13 Meister Eckhart: Apophatic mysticism, emphasis on creation, going beyond images of God
- 13 Mechthild of Magdeburg: Mysticism and the Beguine Movement
- 14 Jan Van Ruysbroeck: Trinity exemplified in person, love flashing like lightning through cosmos
- 14 Gregory Palamus: Chief exponent of Hesychasm, God's "uncreated light" enables us to participate in God
- 14 Theologica Germanica: Relinquishment of self-image and narcissism
- 14 Hafiz: Love Poems to God
- 14 The Cloud of Unknowing & Book of Privy Counseling: Simple loving intention toward God, methods of quiet prayer
- Julian of Norwich: Mother God, creation, constant intent to behold Christ, pleasing God by seeking God
- 14 Catherine of Siena: God's creation as act of love
- Nicholas of Cusa: Coincidence of opposites, mystical one-ness
- 15 Catherine of Genoa: Social action arising from contemplation

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- 16 Martin Luther: Priesthood of all believers, growth in trust through immediate experience of Christ
- 16 Ignatius Loyola: Discernment, Scriptural imagery, contemplation in action, finding God in all things
- 16 Teresa of Avila: Works and grace in prayer, psychology of spiritual life
- 16 John of the Cross: Poetry, Dark Night, realized union
- 16 Francis de Sales: Scriptural imagery meditation, relational "practicing the presence," spiritual direction
- 16 Jacob Boehme: God as ground of being, coincidence of opposites
- 17 Brother Lawrence: Practice of the Presence, simplicity
- 17 George Fox: Society of Friends, Inner Light in Community
- 17 Thomas Traherne: Poetry, contemplative awareness as that of innocent child
- 18 Jean-Pierre De Caussade: Sacrament of Present Moment, discernment in contemplation
- 18 Gerhard Tersteegen: Integration of contemplation and intellect
- 18 Baal-Shem-Tov: Rabbi Yisrael ben Eliezer, Founder of modern Hasidism, worship and cling to God in all of life, Holy Sparks
- 18 John Wesley: Group formation, sanctification as process
- 18 John Woolman: Moment-by-moment guidance by God, social action
- 19 Theophan the Recluse: Mind in the heart in prayer, Jesus prayer
- 19 Therese of Lisieux: "Little Way," simplicity, suffering, discernment
- 20 Friedrich Von Hugel: Spiritual Direction, Spirit living in history
- 20 Mohandas Gandhi: Contemplative non-violent social action
- 20 Evelyn Underhill: Common roots in mystical traditions, psychology of mysticism
- 20 Elizabeth of the Trinity: Intercession for spiritual guidance, "changeless and calm" prayer
- 20 Thomas Kelly: Inner guidance, "Continually renewed immediacy"
- 20 Howard Thurman: Contemplative living from African-American perspective
- 20 Douglas Steere: Contemporary Quaker and ecumenical spirituality, spiritual
- 20 Abraham Heschel: Jewish mysticism and social action; Sabbath
- 20 Shunryu Suzuki: "Zen Mind, Beginner's Mind," Soto Zen
- 20 Bede Griffiths: Presence of God in human heart and universe: "Knowledge by love; Hindu-Christian relationship"
- 20 Simone Weil: Perfect attentiveness, identification with the unchurched
- 20 Thomas Merton: Interfaith dialogue, personal spiritual integrity
- 20 Thich Nhat Hanh: Zen, non-violent social action
- 20 Seung Sahn Soen-sa Nim: Rinzai Zen, "Don't know mind."
- 20 Martin Luther King, Jr.: Prayerful non-violent action
- 20 Anthony de Mello: East-West integration, body in meditation
- 20 The Dalai Lama, Tarthang Tulku and Many Other Contemporary Tibetan Buddhists: Non-violence, way of compassion, Mahamudra/Dzogchen, practices, contemplative psychology
- 20 Western Jesuit missionaries to Japan influenced by Zen practice, e.g., Thomas Hand and William Johnston Monastics Thomas Keating and Laurence Freeman, founders of contemplative movements focused on different prayer forms
- 21 Richard Rohr: Contemplation and action, prophetic, vision for the church and world culture
- 21 Cynthia Bourgeault: Contemplative wisdom tradition
- 21 Raimon Panikkar: Contemplative theological vision of Christ and Trinity that connects them with other faith traditions
- 21 John Philip Newell: Celtic Christian Spirituality
- 21 Rowan Williams: Contemplation as the key to prayer, art, ethics and a renewed humanity