

Morning Session - Part 1

A. What, if any, was your childhood experience of spirituality and mysticism?

B. Nature is where Howard Thurman found the silence and solitude to quiet his soul.

Where do you go to experience the Presence of God (perhaps outdoors in nature, in a structure like a church, chapel, or cathedral and/or in an experience through music or art)? What is that experience of the Presence like for you?

C. Who were the people who most influenced your spiritual development? What impact did they have on you?