

ABOUT THE LEADERS



Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also serves as Co-chair of the Christian Spirituality Group of the American Academy of Religion, and has held various leadership roles in Spiritual Directors International. Over 2,000 executives, managers, and other leaders have participated in her seminars and courses. Author of *Soul at Work*, *The Soul of a Leader*, and *Crisis Leadership*, and co-editor of *The Soul of Supervision* and *The Soul of Higher Education*, Dr. Benefiel has also written for *The Leadership Quarterly*, *Management Communication Quarterly*, *Managerial Finance*, *Journal of Organizational Change Management*, *Organization*, *Personal Excellence*, *Psychology of Religion and Spirituality*, *America*, *Presence*, *The Way*, *Studies in Spirituality*, *Radical Grace*, and *Faith at Work*. She lives with her husband in Maryland and enjoys hiking, cycling, reading novels, and scuba diving in her free time.



Tony Mazurkiewicz serves as the Georgetown University Chaplain for Athletics and the Senior Advisor of the Georgetown John Main Center for Meditation and Interreligious Dialogue. Prior to his current positions, Tony served as a member of the Carmelite Order as

a brother and priest for 15 years, including five years as President of Mount Carmel High School in Chicago, IL. Tony has over 20 years of ministerial and leadership experience in K-12 public and private schools, parishes, retreat centers and prisons. He received his undergraduate degree from Yale University and received his Masters in Divinity degree from the Washington Theological Union. He is a trained Spiritual Director, Mediator, and Enneagram Facilitator who also holds certificates in Carmelite Studies, the Spiritual Exercises and Non-Profit Management.

TESTIMONIALS

“Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving.”

--Cindy Warwick, *Regulatory Operations Associate, Lantheus Medical Imaging, Inc.*

“I have found the Soul of Leadership to be an excellent venue for assessing and affirming acquired leadership style and abilities, and learning new leadership skills.”

--Therese Taylor-Stinson, *Author, and Co-Convener/ Organizer of the Spiritual Directors of Color Network*

“I got strategic help in leadership that I could use right away.”

-- Rebecca Mays, *Director of Education at the Dialogue Institute, Temple University*

SOUL OF LEADERSHIP



An 18-month leadership program led by
Margaret Benefiel, Ph.D.
& Tony Mazurkiewicz, M.Div.

March 2022-September 2023



Soul of Leadership is offered in partnership with
the Shalem Institute for Spiritual Formation.

ABOUT THE PROGRAM

The Soul of Leadership is an 18-month leadership empowerment program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Participants are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

PROGRAM DESCRIPTION

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through Zoom retreats and monthly at-home programming between the retreats, both individually and in community, leaders will:

- Learn strategies to address leadership challenges
- Engage in contemplative practices
- Master skills to strengthen their organizations
- Increase personal well-being and wholeness



The program includes four Zoom retreats. Each Zoom retreat features a different leadership-focused theme. They'll start at 11 AM on Thursday and end after lunch on Sunday. At-home activities and programming between retreats include reading, reflection, spiritual companionship and community building.

ZOOM RETREATS

21st-century Contemplative Leadership March 24 – 27, 2022

Identify decision-making structures and explore discernment practices
Practice blending discernment and decision-making
Engage leadership, organizational, and spirituality theories

Preventing Burnout and Leading from Wellbeing September 15 – 18, 2022

Discover the value of self-reflection and renewal
Experience contemplative practices
Recognize the connection between time apart and effectiveness as a leader
Utilize insights from leadership, psychology and spirituality theories

Leading Effective Change and Decision-Making March 16 – 19, 2023

Consider how you adapt to change
Examine continuity and change for the leader and organizations
Develop practical tools to lead with wisdom and ease during times of transition
Learn spirituality, management, and leadership theories related to change and decision-making

Putting It All Together: Authentic and Effective Leadership September 7 – 10, 2023

Create “A Rule of Life” plan to integrate learnings into your leadership situation
Integrate tools and teachings into day-to-day actions and practices going forward
Forge an ongoing community to sustainably support you as a leader in the long term

WHO SHOULD ATTEND?

Leaders, activists and educators:

*who seek to balance work demands with professional integrity and spiritual well-being

*from a diverse range of backgrounds, including but not limited to healthcare, businesses, nonprofits, government, education, religion, and other organizations

*who are interested in and working towards peace and social justice, including but not limited to areas of human rights, public health, decolonization, environmental sustainability, ethical business & philanthropy

TO APPLY FOR SOUL OF LEADERSHIP

<https://shalem.org/programs/longterm/soul-of-leadership/>

COST OF PROGRAM

\$2300

Scholarships are available for those who qualify.
Email mabbott@executivesoul.com for more information.

FOR MORE INFORMATION

Contact: Michelle Abbott
mabbott@executivesoul.com

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www.shalem.org

