

Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also serves as Co-chair of the Christian Spirituality Group of the American Academy of Reli-

gion, and has held various leadership roles in Spiritual Directors International. Over 2,000 executives, managers, and other leaders have participated in her seminars and courses. Author of Soul at Work, The Soul of a Leader, and Crisis Leadership, and co-editor of The Soul of Supervision and The Soul of Higher Education, Dr. Benefiel has also written for The Leadership Quarterly, Management Communication Quarterly, Managerial Finance, Journal of Organizational Change Management, Organization, Personal Excellence. Psychology of Religion and Spirituality, America. Presence, The Way, Studies in Spirituality, Radical Grace, and Faith at Work. She lives with her husband in Maryland and enjoys hiking, cycling, reading novels, and scuba diving in her free time.



Tony Mazurkiewicz serves as the Georgetown University Chaplain for Athletics. Prior to his current position, Tony served as a member of the Carmelite Order as a brother and priest for 15 years, including five years as President of Mount Carmel High School in Chicago,

IL. Tony has over 20 years of ministerial and leadership experience in K-12 public and private schools, parishes, retreat centers and prisons. He received his undergraduate degree from Yale University and received his Masters in Divinity degree from the Washington Theological Union. He is a trained Spiritual Director, Mediator, and Enneagram Facilitator who also holds certificates in Carmelite Studies, the Spiritual Exercises, Non-Profit Management and Leadership Coaching.

"Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving."

--Cindy Warwick, Regulatory Operations Associate, Lantheus Medical Imaging, Inc.

"The Soul of Leadership course equipped me, not only to deal better with change, but also to manage complexity. By combining knowledge sharing with practice, I discovered how to create an 'inner sanctum,' from where I am able to lead much more effectively."

-- Elmor van Staden, IT Executive

"The Soul of leadership has been by far one of the best programmes I have been on. It has the right balance of information, theory, insights and space to reflect. The programme had a huge impact at a professional, spiritual and personal level and I am very grateful for the new opportunities which enfolded from this experience."

--Daniela Bultoc, Higher Education Trainer & Coach, Organisational Development Consultant



An 18-month leadership program led by Margaret Benefiel, Ph.D. & Tony Mazurkiewicz, M.Div.

September 2023 - March 2025



#### ABOUT THE PROGRAM

The Soul of Leadership is an 18-month leadership empowerment program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Participants are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

## PROGRAM DESCRIPTION

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through Zoom retreats and monthly at-home programming between the retreats, both individually and in community, leaders will:

- Learn strategies to address leadership challenges
- Engage in contemplative practices
- Master skills to strengthen their organizations
- Increase personal well-being and wholeness



The program includes four Zoom retreats. Each Zoom retreat features a different leadership-focused theme. They'll start at 11 AM on Thursday and end after lunch on Sunday. At-home activities and programming between retreats include reading, reflection, spiritual companionship and community building.

#### ZOOM RETREATS

## 21st-century Contemplative Leadership September 14-17, 2023

Identify decision-making structures and explore discernment practices

Practice blending discernment and decision-making

Engage leadership, organizational, and spirituality theories

## Preventing Burnout and Leading from Wellbeing March 14-17 2024

**Discover** the value of self-reflection and renewal

Experience contemplative practices
Recognize the connection between time
apart and effectiveness as a leader
Utilize insights from leadership, psychology
and spirituality theories

# Leading Effective Change and Decision-Making September 12-15, 2024

Consider how you adapt to changeExamine continuity and change for the leader and organizationsDevelop practical tools to lead with wisdom

and ease during times of transition

Learn spirituality, management, and leadership theories related to change and decision-making

## Putting It All Together: Authentic and Effective Leadership March 20-23, 2025

Create "A Rule of Life" plan to integrate learnings into your leadership situation
Integrate tools and teachings into day-to-day actions and practices going forward
Forge an ongoing community to sustainably support you as a leader in the long term

#### WHO SHOULD ATTEND?

Leaders, activists and educators:

\*who seek to balance work demands with professional integrity and spiritual well-being

\*from a diverse range of backgrounds, including but not limited to healthcare, businesses, nonprofits, government, education, religion, and other organizations

\*who are interested in and working towards peace and social justice, including but not limited to areas of human rights, public health, decolonization, environmental sustainability, ethical business & philanthropy

# TO APPLY FOR SOUL OF LEADERSHIP

https://shalem.org/programs/the-soul-of-leadership/

#### **COST OF PROGRAM**

Early Bird (by 7/30/23): \$2,000 Regular (after 7/30/23): \$2,500

Scholarships are available for those who qualify. Email Michelle@shalem.org for more information.

# FOR MORE INFORMATION

Contact: Michelle Geuder

Michelle@shalem.org

857-389-2225

www.shalem.org

