



## Listening in Community: *A Group Spiritual Direction, Soul Collage® & Labyrinth Workshop* August 28-30, 2023

Bon Secours Retreat and Conference Center  
Marriottsville, Maryland

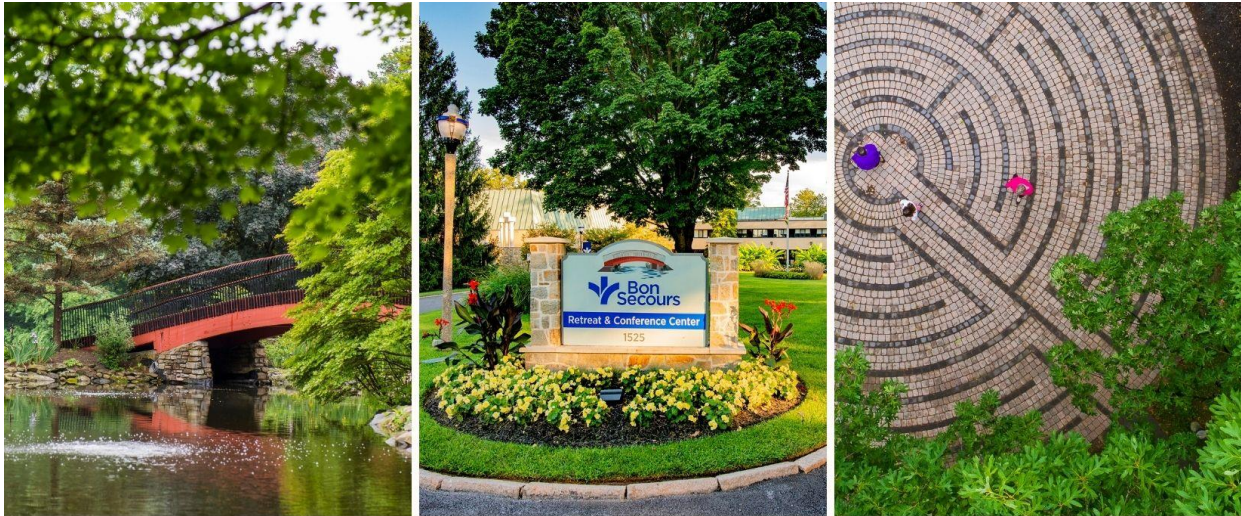


During this in-person experiential workshop, participants will have the opportunity to learn about and engage with the deep listening practices of Group Spiritual Direction (GSD), Soul Collage® and walking the Labyrinth. Experienced leaders will introduce and facilitate sessions on each practice. (Artistic experience and/or prior experience with GSD is not necessary to participate in this workshop!)

**Group Spiritual Direction** is a practice of prayerful listening in community – to others, to self, and to God – in a small group setting. Prior to meeting in small groups, an overview of the Shalem Institute model for Group Spiritual Direction will be provided. This model is based on the work of the late Rose Mary Dougherty and her book *Group Spiritual Direction: Community for Discernment*. Participants will meet multiple times in small groups facilitated by an experienced leader.

**Soul Collage** is an intuitive practice of exploration and self-discovery where cut-out images are used to create small collage cards. Prior to creating cards, an overview of the Soul Collage process will be provided. All materials will be provided. Participants will receive a start-up packet of supplies and are welcome to bring their own additional supplies and images.

**Walking the Labyrinth** has emerged today as a metaphor for the spiritual journey and is a powerful tool for transformation. This walking meditation is an archetype, an ancient ritual found in many religious traditions. It is an evocative tool that engages the imagination and senses, creating an awareness of how we relate to ourselves, others and the Holy.



**Bon Secours Retreat and Conference Center** is located in a beautiful setting on a 300-acre site in Marriottsville, Maryland. The grounds include a reflecting pond, labyrinth, peace garden, and swimming pool. Each retreatant will have a private room with a bathroom. Six meals are included (Monday dinner through Wednesday lunch).

**Workshop Dates:** Monday, August 28, 4:00 pm – Wednesday, August 30, 1:00 pm, EDST      **Cost:** \$695.00  
**A limited amount of reduced tuition is available based on need. Contact Nan Weir for information.**

**To Register:** Follow Link to Eventbrite Site: (or contact Nan Weir)

<https://www.eventbrite.com/e/listening-in-community-a-group-spiritual-direction-soul-collage-workshop-registration-652350587167>

This is a small workshop with a limited number of spaces. Please register early to ensure your place. The registration deadline is Wednesday, July 26, 2023.

**Cancellation Policy:** Cancellation on or before July 26, refund of \$650.00. No refunds after July 26.

#### **Retreat Leaders:**

**Julie Brigham** is a Lutheran pastor serving in a Parish setting. She is a graduate of Shalem's *Nurturing the Call: Spiritual Guidance* program and *Transforming Community: Leading Contemplative Prayer Groups and Retreats* programs. Julie has completed training to become a Soul Collage® Facilitator, a certified Labyrinth Facilitator (Veritas), and is a member of Shalem's GSD workshop staff.

**Liz Forney** currently serves as a spiritual director and retreat leader. In recent years she has been both a pastor and hospice chaplain. She is the founder of Contemplative Creativity an art studio which seeks to provide a process and a place for folks to integrate inquiries about spiritual life and creative expression. Liz is a graduate of Shalem's *Nurturing the Call: Spiritual Guidance* Program and is a member of Shalem's GSD Workshop staff.

**Caz Tod-Pearson** is the Executive Director of The Simple Way, a non-profit organization supporting neighbors in building a neighborhood where all belong and thrive. She is a graduate of the Kairos School of Spiritual Formation's spiritual direction program and Shalem's GSD program, where she has served on the staff for many years.

**Nan Weir** is an architect and small group / retreat leader who is dedicated to creating sacred space and deepening spiritual community. She is a graduate of Shalem's *Transforming Community: Leading Contemplative Prayer Groups and Retreats*, *Facilitating Group Spiritual Direction*, and *Soul of Leadership* long-term programs. She is currently serving as the Director of Shalem's Group Spiritual Direction (GSD) program. She has been practicing and teaching GSD for more than twenty years and creating soul collage cards for eight years.

**For More Information, or to be placed on the waiting list, contact:**

Nan Weir - [nnaaann@yahoo.com](mailto:nnaaann@yahoo.com)