

ABOUT THE LEADERS



Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also served as Co-chair of the Christian Spirituality Group of the American Academy of Religion, and has held

various leadership roles in Spiritual Directors International. Over 3,000 executives, managers, and other leaders have participated in her seminars and courses. Author of *Soul at Work*, *The Soul of a Leader*, and *Crisis Leadership*, and co-editor of *The Soul of Supervision*, *The Soul of Higher Education*, and *Soul Food: Nourishing Essays on Contemplative Living and Leadership*, Dr. Benefiel has also written for *The Leadership Quarterly*, *Management Communication Quarterly*, *Managerial Finance*, *Journal of Organizational Change Management*, *Organization*, *Personal Excellence*, *Psychology of Religion and Spirituality*, *America*, *Presence*, *The Way*, *Studies in Spirituality*, *Radical Grace*, and *Faith at Work*. She lives with her husband in Maryland and enjoys hiking, cycling, reading novels, and scuba diving in her free time.



Jan Gregory-Charpentier, D.Min., has been an ordained UCC pastor for over 30 years serving congregations of diverse sizes and settings. She brings a wealth of experience as an organizational leader as well as a workshop and retreat leader. She received her Doctor of Ministry

Degree from Drew School of Theology with a concentration in Worship, Spirituality and Preaching. With a keen interest in the intersection in leadership and spirituality, Jan's doctoral thesis is titled, "Mother May I? Clergywomen's Experience of Mother and Ministry." Jan completed the Shalem Institute's program *Going Deeper: Clergy Spiritual Life and Leadership*. She is a 2014 Soul of Leadership graduate and is honored and excited to share the riches of the program with others.

TESTIMONIALS

"Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving."

--Cindy Warwick, Regulatory Operations Associate, Lantheus Medical Imaging, Inc., Boston, Massachusetts

"The Soul of Leadership course equipped me, not only to deal better with change, but also to manage complexity. By combining knowledge sharing with practice, I discovered how to create an 'inner sanctum,' from where I am able to lead much more effectively."

--Elmor van Staden, IT Executive, Johannesburg, South Africa

"The Soul of leadership has been by far one of the best programmes I have been on. It has the right balance of information, theory, insights and space to reflect. The programme had a huge impact at a professional, spiritual and personal level and I am very grateful for the new opportunities which unfolded from this experience."

--Daniela Bultoc, Higher Education Trainer & Coach, Organisational Development Consultant, London, UK

SOUL OF LEADERSHIP



An 18-month leadership program led by
Margaret Benefiel, Ph.D.
& Jan Gregory-Charpentier, D.Min
May 2024 – October 2025



ABOUT THE PROGRAM

The Soul of Leadership is an 18-month leadership empowerment program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Participants are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

PROGRAM DESCRIPTION

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through residencies and monthly at-home programming, both individually and in community, leaders will:

- Learn strategies to address leadership challenges
- Engage in contemplative practices
- Master skills to strengthen their organizations
- Increase personal well-being and wholeness



The program includes four residencies in the greater Boston area at the Notre Dame Spirituality Center. Each residency features a different leadership-focused theme. At-home programming and activities include reading, reflection, spiritual companionship and community building.

PROGRAM RESIDENCIES

21st-century Contemplative Leadership May 6-9, 2024

Identify decision-making structures and explore discernment practices
Practice blending discernment and decision-making
Engage leadership, organizational, and spirituality theories

Preventing Burnout and Leading from Wellbeing September 16-19, 2024

Discover the value of self-reflection and renewal
Experience contemplative practices
Recognize the connection between time apart and effectiveness as a leader
Utilize insights from leadership, psychology and spirituality theories

Leading Effective Change and Decision-Making April 21-24, 2025

Consider how you adapt to change
Examine continuity and change for the leader and organizations
Develop practical tools to lead with wisdom and ease during times of transition
Learn spirituality, management, and leadership theories related to change and decision-making

Putting It All Together: Authentic and Effective Leadership October 6-9, 2025

Create "A Rule of Life" plan to integrate learnings into your leadership situation
Integrate tools and teachings into day-to-day actions and practices going forward
Forge an ongoing community to sustainably support you as a leader in the long term

WHO SHOULD ATTEND?

Leaders, activists and educators:

*who seek to balance work demands with professional integrity and spiritual well-being

*from a diverse range of backgrounds, including but not limited to healthcare, businesses, nonprofits, government, education, religion, and other organizations

*who are interested in and working towards peace and social justice, including but not limited to areas of human rights, public health, decolonization, environmental sustainability, ethical business & philanthropy

TO APPLY FOR SOUL OF LEADERSHIP

<https://shalem.org/programs/the-soul-of-leadership/>

COST OF PROGRAM

Early bird (by 3/15/24): \$5600

Regular (after 3/15/24): \$6000

Tuition assistance is available for those who qualify.
Email michelle@shalem.org for more information.

FOR MORE INFORMATION

Contact: Michelle Geuder

michelle@shalem.org

[857-389-2225](tel:857-389-2225)

www.shalem.org

