



Listening in Community: *A Group Spiritual Direction, Soul Collage® & Labyrinth Workshop*

August 18-20, 2024

Bon Secours Retreat and Conference Center
Marriottsville, Maryland



During this in-person experiential workshop, participants will have the opportunity to learn about and engage with the deep listening practices of Group Spiritual Direction (GSD), SoulCollage® and walking the Labyrinth. Experienced leaders will introduce and facilitate sessions on each practice. (Artistic experience and/or prior experience with GSD is not necessary to participate in this workshop!)

Group Spiritual Direction is a practice of prayerful listening in community – to others, to self, and to God – in a small group setting. Prior to meeting in small groups, an overview of the Shalem Institute model for Group Spiritual Direction will be provided. This model is based on the work of the late Rose Mary Dougherty and her book Group Spiritual Direction: Community for Discernment. Participants will meet multiple times in small groups facilitated by an experienced leader.

SoulCollage® is an intuitive practice of exploration and self-discovery where cut-out images are used to create small collage cards. Prior to creating cards, an overview of the SoulCollage® process will be provided. All materials will be provided. Participants will receive a start-up packet of supplies and are welcome to bring their own additional supplies and images.

Walking the Labyrinth has emerged today as a metaphor for the spiritual journey and is a powerful tool for transformation. This walking meditation is an archetype, an ancient ritual found in many religious traditions. It is an evocative tool that engages the imagination and senses, creating an awareness of how we relate to ourselves, others and the Holy.



Bon Secours Retreat and Conference Center is located in a beautiful setting on a 300-acre site in Marriottsville, Maryland. The grounds include a reflecting pond, labyrinth, peace garden, and swimming pool. Each retreatant will have a private room with a bathroom. Six meals are included (Monday dinner through Wednesday lunch).

Workshop Dates: Sunday, August 18, 4:00 pm – Tuesday, August 20, 1:00 pm, EDST **Cost:** \$695.00

To Register: Click on the following link to register through **The Simple Way**, our financial partner for this workshop. <https://form.jotform.com/241146229227049>.

This is a small workshop with a limited number of spaces. Please register early to ensure your place. The registration deadline is Wednesday, July 17, 2024.

Cancellation Policy: Cancellation on or before July 17, 2024, refund of \$650.00. No refunds after July 17.

Retreat Leaders:

Julie Brigham is a Lutheran pastor serving in a Parish setting. She is a graduate of Shalem's *Nurturing the Call: Spiritual Guidance* program and *Transforming Community: Leading Contemplative Prayer Groups and Retreats* programs. Julie has completed training to become a SoulCollage® Facilitator, a certified Labyrinth Facilitator (Veritas), and is a member of Shalem's GSD workshop staff.

Liz Forney currently serves as a spiritual director and retreat leader. In recent years she has been both a pastor and hospice chaplain. She is the founder of Contemplative Creativity – an art studio which explores the intersection between sacred inquiry creative expression. Liz is a graduate of Shalem's *Nurturing the Call: Spiritual Guidance* Program and is a member of Shalem's GSD Workshop staff and has completed training to become a SoulCollage® Facilitator.

Caz Tod-Pearson is the Executive Director of The Simple Way, a non-profit organization supporting neighbors in building a neighborhood where all belong and thrive. She is a graduate of the Kairos School of Spiritual Formation's spiritual direction program and Shalem's GSD program, where she has served on the staff for many years.

Nan Weir is an architect and small group / retreat leader who is dedicated to creating sacred space and deepening spiritual community. She is a graduate of Shalem's *Transforming Community: Leading Contemplative Prayer Groups and Retreats*, *Facilitating Group Spiritual Direction*, and *Soul of Leadership* long-term programs. She is currently serving as the Director of Shalem's Group Spiritual Direction (GSD) program. She has been practicing and teaching GSD for more than twenty years, creating soul collage cards for eight years, and has completed training to become a SoulCollage® Facilitator.

For More Information, contact: Liz Forney - Liz.Forney@gmail.com

To be placed on the waiting list, contact: Caz Tod-Pearson – caz.tod.pearson@gmail.com