

The Soul of Leadership

AN 18-MONTH CONTEMPLATIVE LEADERSHIP PROGRAMME

SOUTH AFRICA



SHALEM INSTITUTE FOR SPIRITUAL FORMATION
Offered in Partnership With
VOLMOED RETREAT CENTRE



Embark on an inspiring 18-month programme designed to empower leaders through a transformative journey. Integrate leadership skills with contemplative and healing practices to enhance your personal life, organisation, and social impact.



PROGRAMME DESCRIPTION

Today's leaders face immense challenges, leading to burnout. The Soul of Leadership offers restoration and revitalisation, empowering you for greater leadership effectiveness.

The programme features four residencies at the Volmoed Retreat Centre near Hermanus, Western Cape, each focused on a distinct leadership theme. Between residencies, participants engage in at-home learning and community-building through readings, reflection, coaching/spiritual accompaniment, and small group discernment.

Through individual work and small group discernment, leaders will:

- Develop strategies to address leadership challenges.
- Engage in contemplative practices.
- Master skills to enhance organisational effectiveness.
- Increase personal well-being and wholeness.
- Cultivate a healthy racial identity.
- Overcome internal obstacles for clarity in navigating complex situations.
- Learn how to be with suffering and contribute to social justice as essential 21st-century leadership skills.

This journey of inner renewal and clarity empowers you to live out your organisational vision, champion social justice and well-being, and foster love within yourself and your spheres of influence.

PROGRAMME TIMELINE: MARCH 2025 - SEPTEMBER 2026

Early Bird (Discounted) Application Deadline: December 13, 2024

1st Residency: March 10-13, 2025

2nd Residency: September 15-18, 2025

3rd Residency: March 16-19, 2026

4th Residency: September 7-10, 2026

WHO SHOULD ATTEND?

This programme is designed for diverse leaders, activists, and educators across sectors (healthcare, business, non-profits, government, education, religion, etc.) who seek to:

- Enhance leadership skills while balancing professional demands, personal growth, and social justice.
- Find personal rejuvenation and foster collective renewal.
- Uphold professional integrity and ethics while nurturing spiritual well-being.
- Incorporate contemplative practices into their leadership approach.
- Navigate complex challenges and develop innovative, socially conscious leadership strategies.
- Cultivate healthy racial identity within themselves, their teams, and organisations.
- Work towards peace, decolonisation, and social justice (human rights, public health, environmental sustainability, ethical business, philanthropy).

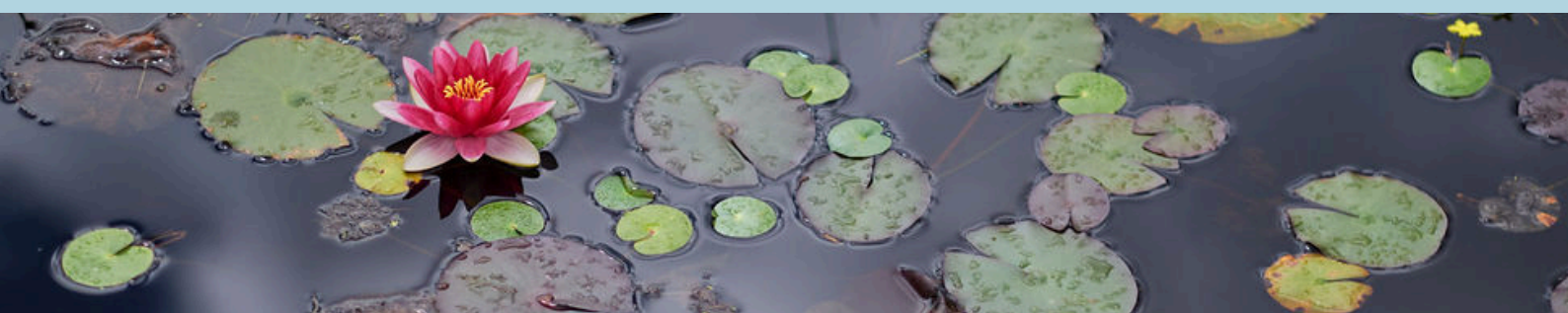
Additionally, this programme is valuable for:

- Emerging leaders seeking to shape their leadership style.
- Executives aiming to integrate ethics and sustainability into decision-making.
- Educators and trainers cultivating leadership qualities in others.
- Healthcare professionals managing pressured environments with compassion.
- Entrepreneurs and innovators navigating rapid change with fairness.
- Community organisers seeking to mobilise and inspire.
- Faith-based leaders deepening their approach with spiritual values.

This comprehensive programme offers the tools, insights, and community support needed to lead thoughtfully and create lasting impact.

“The Soul of Leadership has been by far one of the best programmes I have been on. It has the right balance of information, theory, insights and space to reflect. The programme had a huge impact at a professional, spiritual and personal level and I am very grateful for the new opportunities which unfolded from this experience”.

- Daniela Bulton, Higher Education Trainer & Coach Organisational Development Consultant



PROGRAMME RESIDENCIES

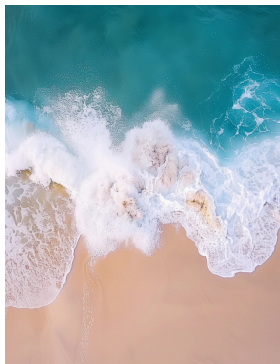
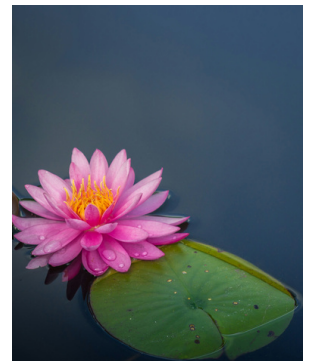


Grounded in Spirit: Contemplative Leadership for the 21st Century (10-13 March 2025)

Explore contemporary decision-making frameworks and the power of discernment. Integrate these with effective strategies, drawing on insights from leadership, organisational development, spirituality, and racial literacy to refine your decision-making across various contexts.

Leading from Sanctuary: Revitalising Energy for Leadership Efficacy (15-18 September 2025)

Focus on enhancing your leadership results and impact. Step away to engage in renewal practices, drawing insights from lived experience, psychology, theology, spirituality, and energy management. Develop a grounded, rejuvenating, and spiritually connected approach to leadership.

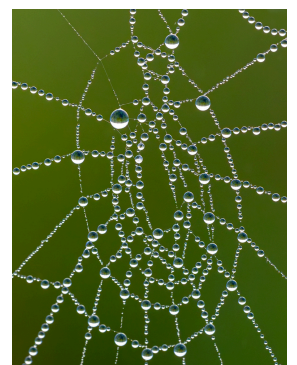


Contemplative Leadership for Change (16-19 March 2026)

Prepare to adapt and thrive amidst change. Through dynamic experiences, explore continuity and change within yourself, your leadership groups, and the South African context. Gain practical tools for navigating transitions with wisdom, working towards social justice, and achieving goals aligned with your envisioned future.

Putting It All Together: Authentic and Effective Leadership (7-10 September 2026)

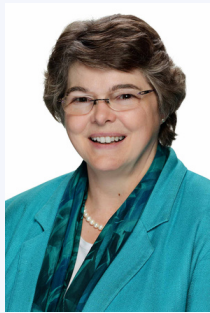
Develop a personal "Rule of Life" plan to integrate your learning into everyday leadership. This plan fosters a supportive community network, offering long-term resources and connections.



PROGRAMME FACILITATORS

Althea Banda-Hansmann

Althea is a Transformation Consultant specialising in coaching, organisational development, spiritual companionship and diversity and belonging. She supports leaders to transform from the inside out and create equitable healing outcomes.



Margaret Benefiel, Ph.D.

Margaret is the Executive Director of the Shalem Institute and leadership consultant and author. With seven published books, her expertise lies in helping leaders nurture their souls, express deep values, and guide organisations with integrity.

Elmor van Staden, Ph.D.

Elmor is a South African IT leader, researcher, and graduate of the UK's Soul of Leadership programme. He brings a unique blend of technological expertise, contemplative leadership, and a commitment to transforming South Africa.



TOTAL COST OF THE PROGRAMME

Early Bird Price (By December 13, 2024): R58 500

Regular Price (After December 13, 2024): R62 500

Tuition Assistance: Shalem offers some tuition reduction for those in financial need. Please prayerfully consider the amount you can contribute and the assistance you require. We encourage you to seek additional funding from your community.

FOR MORE INFORMATION

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<https://www.volmoed.co.za> <https://shalem.org>