



Group Spiritual Direction Level 1 Workshop

For those who want to learn or deepen the practice of Group Spiritual Direction

February 21-23, 2025 (via Zoom)

Would you like to expand your capacity to listen to God on behalf of others?



Workshop Schedule

Friday, February 21, 2025, 12:00 – 6:00 pm EST

Saturday, February 22, 2025, 12:00 – 6:00 pm EST

Sunday, February 23, 2025, 12:30 – 6:00 pm EST

Participants must be available to participate fully in the workshop!

Whether you are new to Group Spiritual Direction, wish to explore it further, or are seeking support and guidance for forming a new group, please consider joining us for this virtual workshop on Zoom.

Group Spiritual Direction is a practice of prayerful listening in community – to others, to self, and to God – in a small group setting. Prior to meeting in small groups, an overview of the Shalem Institute model for Group Spiritual Direction will be provided. This model is based on the work of the late Rose Mary Dougherty and her book *Group Spiritual Direction: Community for Discernment*.

Plenary sessions include introductory teachings and experiential learning on the topics of Sacred Listening, Intercessory Prayer, Discernment, and Spiritual Community. Participants will meet daily in small groups facilitated by an experienced facilitator. During this workshop, they will have an opportunity to deepen their contemplative grounding for this prayer practice through authentic sharing and faithful listening.

Cost & Registration

For More Information and/or to Register:

<https://shalem.org/programs/group-spiritual-direction-programs/#GSD1>

Registration Deadline is February 12, 2025

Cost: \$265 (Some scholarships funds are available based on need.)

Questions?

Contact: Nan Weir - nnaaann@yahoo.com