



Listening in Community: *A Group Spiritual Direction, SoulCollage® & Labyrinth Workshop*

August 7-10, 2025

Bon Secours Retreat and Conference Center
Marriottsville, Maryland



During this in-person experiential workshop, participants will have the opportunity to learn about and engage with the deep listening practices of Group Spiritual Direction (GSD), SoulCollage® and walking the Labyrinth. Experienced leaders will introduce and facilitate sessions on each practice. (Artistic experience and/or prior experience with GSD is not necessary to participate in this workshop!)

Group Spiritual Direction is a practice of prayerful listening in community – to others, to self, and to God – in a small group setting. Prior to meeting in small groups, an overview of the Shalem Institute model for Group Spiritual Direction will be provided. This model is based on the work of the late Rose Mary Dougherty and her book Group Spiritual Direction: Community for Discernment. Participants will meet multiple times in small groups facilitated by an experienced leader.

SoulCollage® is an intuitive practice of exploration and self-discovery where cut-out images are used to create small collage cards. Prior to creating cards, an overview of the SoulCollage® process will be provided. All materials will be provided. Participants will receive a start-up packet of supplies and are welcome to bring their own additional supplies and images.

Walking the Labyrinth has emerged today as a metaphor for the spiritual journey and is a powerful tool for transformation. This walking meditation is an archetype, an ancient ritual found in many religious traditions. It is an evocative tool that engages the imagination and senses, creating an awareness of how we relate to ourselves, others and the Holy.



Bon Secours Retreat and Conference Center is located in a beautiful setting on a 300-acre site in Marriottsville, Maryland. The grounds include a reflecting pond, labyrinth, peace garden, and swimming pool. Each retreatant will have a private room with a bathroom. Nine meals are included (Thursday dinner through Sunday lunch).

Workshop Dates: Thursday, August 7, 4:00 pm – Sunday, August 10, 1:00 pm, EDT

Cost: \$ 750.00, standard retreat cost.

There are a limited number of partial scholarships available for this workshop based on need. If you would like to enquire about scholarships or would like to make an additional contribution to support others attending this workshop, please contact Nan.

To Register: Contact Nan Weir at nnaaann@yahoo.com.

Registration Deadline: Monday, July 7, 2025. This is a small workshop with a limited number of spaces. Please register early to ensure your place.

Cancellation Policy: Cancellation on or before July 7, 2025, refund of \$700.00. No refunds after July 7.

Retreat Leaders:

Julie Brigham is a Lutheran pastor serving in a Parish setting. She is a graduate of Shalem's *Nurturing the Call: Spiritual Guidance* program and *Transforming Community: Leading Contemplative Prayer Groups and Retreats* programs. Julie has completed training to become a SoulCollage® Facilitator, a certified Labyrinth Facilitator (Veritas), and is a member of Shalem's GSD workshop staff.

Caz Tod-Pearson trained as a spiritual director at the Kairos School of Spiritual Formation. She initially used her training as a spiritual director to accompany young adults doing urban ministry, asking questions at the intersection of faith and justice, and has since offered spiritual direction and GSD in a variety of settings. Caz recently graduated with a Master's of Practical Theology and is currently working as the Community Life Associate at St. Andrew's Episcopal Church in Yardley, PA, and as a chaplain for Esperanza Health Center in Philadelphia, offering spiritual direction to their staff. Caz has served as a member of Shalem's GSD staff for more than ten years.

Nan Weir is an architect and small group / retreat leader who is dedicated to creating sacred space and deepening spiritual community. She is a graduate of Shalem's *Transforming Community: Leading Contemplative Prayer Groups and Retreats*, *Facilitating Group Spiritual Direction*, and *Soul of Leadership* long-term programs. She is currently serving as the Director of Shalem's Group Spiritual Direction (GSD) program. She has been practicing and teaching GSD for more than twenty years, creating soul collage cards for ten years, and has completed training to become a SoulCollage® Facilitator.

For More Information or to Register, contact: Nan Weir at nnaaann@yahoo.com